



ANNUAL REPORT 2022-2023

MJRSC-THE CARE NETWORK

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A NOTE FROM THE EXECUTIVE DIRECTOR

The 2022-2023 year brought much growth, change, and success for the organization. MJRSC - The Care Network began the relocation of its primary office space to its new location at 25 Rothermel Drive, Yeagertown, PA 17099. The move was broken up into two phases; the first phase took place the week of November 14, 2022, and the second phase was completed in the week of February 19, 2023. The Care Network saw changes in leadership this fiscal year, including a new Executive Director, Samantha Slutterback, and Area Agency on Aging Director, Chelsea Reed. Additionally, the Area Agency on Aging grew by one, adding a Case Aide position to the Care Management team.

The Care Network continued to offer the Money in Your Pocket Tax Program for Mifflin and Juniata Counties under the leadership of the United Way of the Capital Region. In total, 545 low- and moderate-income citizens taxes were prepared by 9 volunteers and employees. This is an increase over the last fiscal year of 79 individuals. Taxes were completed in-person this year.

The annual Senior Games event was held during the week of June 12-17 with 140 active participants, one of the biggest crowds to date. This year, Senior Games extended its events to include Saturday activities at Body and Soul. Popular events included chair volleyball, cornhole, water volleyball, pickleball, and table tennis. Painting by Judy was also added as a new event this year and was very well attended. Yard games included the football throw, softball throw, soccer kick, bucket ball, bocce ball, and more.

This fiscal year, 553 consumers received Home Delivered Meals, an increase of 43 consumers over the previous fiscal year. Home Delivered Meals provide homebound individuals with a nutritious, high-quality meal for each day of the week. Volunteers of The Care Network distribute these meals twice a week. Without the volunteers who give their time each week to personally deliver meals door to door, this program would not be possible. For those older adults who have mobility outside the home, congregate meals are offered daily at all 4 senior centers operated by The Care Network. This fiscal year, 190 consumers received a congregate meal, an increase of 44 individuals from last year.

The Care Network remains committed to maximizing the independence and well-being of older adults and adults with disabilities in Mifflin and Juniata Counties. I am thankful to The Care Networks employees for their hard work, dedication, and the continued time and support of 93 volunteers. Without you, we would not have accomplished these successes in the community over the last year. I am excited for the continued opportunities for growth that are to come for the organization in the upcoming year - stay tuned!

All the best,

Samantha Slutterback
MJRSC-The Care Network
Executive Director



REGIONAL SERVICES CORPORATION

Mifflin-Juniata Regional Services Corporation (MJRSC) maximizes the independence and well-being of residents in Mifflin and Juniata counties. MJRSC provides administrative support and oversight to all Affiliates, while also coordinating the following direct services.

- **PA MEDI**—Free health insurance counseling for Medicare beneficiaries in Pennsylvania.
 - 1102 CLIENTS SERVED
 - 2 STAFF AND A TEAM OF 4 VOLUNTEERS
 - OVER 287 VOLUNTEER HOURS
- **Ombudsman Program**—empowering, supporting, and advocating for residents in long-term care facilities.
 - 26 CASES SETTLED
 - 49 COMPLAINTS RESOLVED
 - 82.5 VOLUNTEER HOURS
- **Money In Your Pocket Tax Program**—provides help to income-eligible working families with completing federal and state returns and obtaining tax credits.
 - 309 VOLUNTEER HOURS
 - 545 CONSUMERS SERVED
 - 8 DEDICATED VOLUNTEERS
- **Volunteer Coordination**
 - MORE THAN 3,730 TOTAL HOURS SERVED
 - OUR VOLUNTEERS DROVE 52,578 MILES IN THEIR ROLES
- **PA LINK**— providing objective information, advice, and person-centered counseling.
 - 11 COMPLETED PERSON CENTERED COUNSELING ENTRIES
 - 54 COLLABORATIVE PARTNER AGENCY MEMBERS

Income	
Admin. Management Fees	\$839,250
Other	\$39,030
Total Income	\$878,280
Expenses	
Wages	\$483,522
Benefits	\$165,235
Occupancy	\$70,873
Contracted Services	\$46,980
Other	\$41,199
Total Expenses	\$807,809
Unrestricted Net Assets	
Beginning	\$905,483
Ending	\$975,954
Difference	\$70,471



AREA AGENCY ON AGING

The Mifflin-Juniata Area Agency on Aging (MJAAA) serves individuals age 60 and older, fostering independence, dignity, and respect through their various programs and services.

Care Management – Individual Consumers Served:

- Home Delivered Meals -553
- Personal Care -112
- Home Support (laundry, shopping) -125
- Personal Emergency Response Systems (PERS) -239
- Caregiver Support Program -315
- Aging Waiver Information and Assistance
- Domiciliary Care -4
- Needs Assessments -614

Protective Services—investigates abuse, neglect, exploitation, and abandonment of older adults. Anyone may make a report to the Mifflin-Juniata Area Agency on Aging, and a reporter's information always remains confidential. Staff investigated 217 cases this year.

Senior Community Services

- Nutrition Services reached 742 unduplicated consumers through Home Delivered Meals and Congregate Meals served at our local centers. Additionally, a monthly box of nutritious food is provided to low-income seniors through the Central PA Food Bank.
- 37th Annual Senior Games: 140 registered participants competed in bocce ball, soccer kick, water volleyball, football toss, virtual archery, mini golf, and more!
- Centers In Motion - Active seniors age 55 and older who are interested in bus trips, workshops, educational opportunities, and more! We hosted 69 program events this year.
- Senior Centers- each center offers opportunities for nutritious meals, social activities, and a range of programs open to all adults age 60 and older.
 - o Four Seasons Center (Mifflintown): 717-436-6847
 - o McAlisterville Center: 717-463-3588
 - o Milroy Center: 717-667-2547
 - o Lewistown Center: 717-242-1036



Income	
PA Dept. of Aging	\$2,918,196
Other	\$154,316
Total Income	\$3,072,512
Expenses	
Wages	\$759,457
Benefits	\$330,681
Occupancy	\$214,713
Contracted Services	\$894,239
Admin. Services	\$649,500
Other	\$223,922
Total Expenses	\$3,072,512
Unrestricted Net Assets	
Beginning	\$217,933
Ending	\$211,366
Difference	\$(6,567.00)

CALL A RIDE SERVICE (CARS)

Call A Ride Service (CARS) is a shared ride, door-to-door, bus transportation service that is available to any resident of Mifflin or Juniata County who has registered with the CARS office. Transportation runs during daytime hours Monday through Saturday. All CARS buses are equipped with seat belts and wheel chair lifts to ensure safe and accessible accommodations.

- Total number of one-way rides for local customers in the 2022-2023 Fiscal Year: **35,640**
- The Pennsylvania Lottery Fund provided **17,271** one-way rides for residents of Mifflin and Juniata Counties
- The Medical Assistance Transportation Program (MATP) funded **15,609** one-way rides
- The Persons with Disabilities Program provided **2,756** rides to eligible consumers age 18-64
- Volunteers provided out-of-county transportation to medical appointments for **261** individuals this year
- CARS added **3 new vehicles** to their fleet in June of 2023 through PennDOT's Capital Grant Program, which maximizes efficiency and safety.
- While CARS rides are available for all sorts of trips, Medical appointments were our most popular category with **12,957** one-way trips this fiscal year.

Income	
PA Dept. of Aging	\$38,529
Penn DOT	\$626,216
PA Dept. of Human Services	\$777,289
Other	\$70,516
Total Income	\$1,512,550
Expenses	
Wages	\$471,357
Benefits	\$162,110
Contracted Services	\$90,457
Depreciation	\$193,790
Administrative Services	\$189,750
Other	\$1,402,492
Total Expenses	\$1,170,960
Unrestricted Net Assets	
Beginning	\$1,330,656
Ending	1,440,714
Difference	\$110,058



2022-2023 BOARD OF DIRECTORS

<p>Mifflin-Juniata Regional Services Corporation Board of Directors</p> <p>Samantha Slautterback, Executive Director</p>	<p>Mifflin-Juniata Area Agency on Aging, Inc. Board of Directors</p> <p>Chelsea Reed, Affiliate Director</p>	<p>Call A Ride Services, Inc. Board of Directors</p> <p>Cindy Sunderland, Affiliate Director</p>
<p><u>OFFICERS</u></p> <p>Lou Ann Fisher—President Mark Partner—Vice President Harry Margritz—Treasurer Kevin Kodish—Secretary</p> <p><u>MEMBERS</u></p> <p>Alice Gray Cher Harpster Colette Hartzler Donis Zagurskie Marie Mulvihill Rick Bender Sandy Hershey Steve Bell</p>	<p><u>OFFICERS</u></p> <p>Kevin Kodish—President Allison Fisher—Vice President Beth Zong—Treasurer Mark Partner—Secretary</p> <p><u>MEMBERS</u></p> <p>Alice Gray Bob Henry Crystal Paige Harold Jenkinson Jackie Leister Steven DeArment Wanda Gable</p>	<p><u>OFFICERS</u></p> <p>Marie Mulvihill—President Bonnie McCurry—Vice President Kevin Kodish—Treasurer</p> <p><u>MEMBERS</u></p> <p>Alice Gray Kathie Graham Kristy Hine</p>

MJRSC-The Care Network expresses gratitude to Lou Ann Fisher, Cheryl Bressler, and Beth Zong for their contributions to the organization in their terms of service to our Boards of Directors.

