


Programming Provided by the
Mifflin Juniata Area Agency on Aging, Inc.

**Centers in Motion
Community Programming Calendar
JULY 2024**

Please Pre-register for
Health & Wellness Programming
For More Information
Call Beth Harlan 717-320-8367

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4 CENTER CLOSED HOLIDAY 	5
8	9	10	11	12 <u>Lack-Tuscarora EMS building</u> Music in the Park With Eric Armstrong 10AM-11AM Lunch will follow!
15	16	17	18	19 <u>Derry Twp. Sr. Ctr.</u> Prize BINGO 10AM-11AM Lunch will follow.
22	23 <u>4-Seasons Senior Center</u> Chair Volleyball 9AM-11AM Lunch will follow	24	25 <u>RothRock Apts.</u> Music with Eric Armstrong & Ice-Cream Social 1:00PM-2:00PM	26 <u>Lack-Tuscarora EMS building</u> Presentation by: Josh Woods 10AM Yellow Dot Clinic (Assist crash victims in their golden hour of emergency care)
29 <u>Derry Twp. Sr. Ctr.</u> Presentation by: Josh Woods 10AM Yellow Dot Clinic (Assist crash victims in their golden hour of emergency care)	30	31		MJRSC— THE CARE NETWORK Mifflin Juniata Regional Services Corporation Regional Services Area Agency on Aging Call ☎ Ride Services