

November 2024



CENTER INFORMATION

47 CJEMS Lane, Mifflintown, PA 17059

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsetr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10am Exercise 11am 12pm Puzzles
4 9am Board Games All activities are in the center room only today.	5 Center Closed	6 All activities are in the center room only today	7 9am Dominos 10am-1pm Card Game Day	8 10am Exercise 11am Ted Talks
11 CENTER CLOSED HOLIDAY	12 9:00am-11:00am Chair Volleyball 12pm Bowling	13 10am Exercise 11pm Craft	14 9am Dominos 10am-1pm Card Game Day 5pm-7pm Appreciation Dinner	15 10am Exercise 12pm Corn Hole
18 10am Exercise 11am B/P checks W/Brenda	19 9:00am-11:00am Chair Volleyball 12pm Chair stretching	20 11am Megan W/Villa 10am Exercise 12pm Corn Hole	21 9am Dominos 10am-1pm Card Game Day	22 10am Exercise 12pm-1pm Baptist Church Luncheon
25 10am Exercise 11am Movie & Popcorn	26 9:00am-11:00am Chair Volleyball 12pm Bowling	27 9:30am Center Meeting 10am Exercise	28 CENTER CLOSED HOLIDAY	29 CENTER CLOSED HOLIDAY