

December 2024



CENTER INFORMATION

47 CJEMS Lane, Mifflintown, PA 17059

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 10am Exercise 11am Christmas tree decorating Day 12pm Puzzles	3 9:00am-11:00am Chair Volleyball W/McAlisterville 12pm Bowling Day	4 10am Exercise 10:45am Geisinger	5 9am Dominos 10am-1pm Card Game Day	6 10am Exercise 11am Craft Day W/Lily (Mint Making)
9 9am Refreshments & Social Time 10am Exercise 12pm Puzzles	10 9:00am-11:00am Chair Volleyball 12pm Chair stretching	11 10am Exercise 11am Christmas Dinner prep	12 11AM-1PM CHRISTMAS DINNER	13 10am Exercise Center Closed at 11am
16 9am refreshments & Social Time 10am Exercise 11am Bingo W/Rachel ASERA	17 9:00am-11:00am Chair Volleyball 12pm Bowling Day	18 10am Exercise 11am Megan W/Villa 12pm Corn Hole	19 9am Dominos 10am-1pm Card Game Day	20 10am Exercise 11am Cookie Decorating
23 10am Exercise 11am B/P checks W/Amanda UPMC	CENTER CLOSED HOLIDAY	CENTER CLOSED HOLIDAY	CENTER CLOSED HOLIDAY	27 10am Exercise 11am Movie & Popcorn
30 CENTER CLOSED BLOOD DRIVE	31 New Years Eve Celebration (Bring a dessert to pass)			LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.