

January 2025



CENTER INFORMATION

47 CJEMS Lane, Mifflintown, PA 17059

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.		1 CENTER CLOSED HOLIDAY	2 9am Dominos 10am-1pm Card Game Day	3 10am Exercise 11am Wheel of Fortune 12pm Puzzles
6 9am Refreshments & Social Time 10am Exercise 12pm Puzzles	7 9:00am-11:00am Chair Volleyball 12pm Chair stretching	8 10am Exercise 11am Birthday Social 12pm Wii Bowling	9 9am Dominos 10am-1pm Card Game Day	10 10am Exercise 11am Hangman 12pm Board Games
13 9am refreshments & Social Time 10am Exercise 11am Geisinger/Bingo	14 9:00am-11:00am Chair Volleyball 12pm Chair stretching	15 10am Exercise 11am Megan W/Villa 12pm Corn Hole	16 9am Dominos 10am-1pm Card Game Day	17 10am Exercise 11am Ted Talks 12pm Uno
20 CENTER CLOSED HOLIDAY	21 9:00am-11:00am Chair Volleyball 12pm Chair stretching	22 9:30am Center Meeting 10am Exercise 12pm Corn Hole	23 9am Dominos 10am-1pm Card Game Day	24 10am Exercise 11am-1pm Puzzles 12pm Wii Games
27 10am Exercise 11am -1pm Yahtzee	28 9:00am-11:00am Chair Volleyball 12pm Chair stretching	29 10am Exercise 11am-1pm Movie & Dinner	30 9am Dominos 10am-1pm Card Game Day	31 10am Exercise Nursing Students Day