



CENTER INFORMATION 47 CJEMS Lane, Mifflintown, PA 17059 Hours: 8:00 a.m. – 1:30 p.m. 717-436-6847 <u>4seasonsctr@mymjrsc.com</u> Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.			1 9am Dominos 10am-1pm Card Game Day	2 10am Exercise 11am Gardening Day
5 10am Exercise 11am Bingo W/Nicole	6 9:00am-11:00am Chair Volleyball 12pm Bowling	7 10am Exercise 10:45am Fonda/ Memory keepsakes 1pm Set up for Expo	8 Senior Expo 9 am -1 pm	9 10am Exercise 11am Dinner & Movie
12 10am Exercise 11am Corn Hole	13 9:00am-11:00am Chair Volleyball	14 10am Exercise 11:30am Senior Day	15 9am Dominos 10am-1pm Card Game Day	16 10am Exercise 11am Picnic & Games with
19 10am Exercise 11am Bingo W/Rachel	12pm Bowling 20 9:00am-11:00am Chair Volleyball 12pm Bowling	Millerstown Moose 21 10am Exercise 11am Game Day	22 9am Dominos 10am-1pm Card Game Day	McAlisterville 23 10am Exercise 11am Walking Club
26 CENTER CLOSED HOLIDAY	27 9:00am-11:00am Chair Volleyball 12pm Bowling	28 9:30am Center Meeting 10am Exercise 11am Noah	29 9am Dominos 10am-1pm Card Game Day	30 10am Exercise 11am Sara B/P checks Free Lunch