

August 2025



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.				1 10am Exercise Nursing Student Day 5pm Bingo Fundraiser
4 10am Exercise 11am Food Box W/Beth	5 9:00am-11:00am Chair Volleyball 12pm Bowling	6 10am Exercise 11am Wheel of Fortune	7 9am Dominos 10am-1pm Card Game Day	8 10am Exercise 11am Ted Talks
11 10am Exercise 11am Walking Club	12 9:00am-11:00am Chair Volleyball 12pm Bowling	13 10am Exercise 11am Free Bingo & Lunch Millerstown VFW	14 9am Dominos 10am-1pm Card Game Day	15 10am Exercise 11am Bingo
18 10am Swing & Sway 11am Games	19 9:00am-11:00am Chair Volleyball 12pm Bowling	20 10am Exercise 11am Birthday Social	21 9am Dominos 10am-1pm Card Game Day	22 10am Exercise 11am Dietitian Bus Trip
25 10am Exercise 11am Movie & Lunch	26 9:00am-11:00am Chair Volleyball 12pm Bowling	27 9:30am Center Meeting 10am Exercise 11am Bingo W/Megan	28 9am Dominos 10am-1pm Card Game Day	29 10am Exercise 11am B/P checks W/Sara Free Lunch