

September 2025



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CENTER CLOSED HOLIDAY	2 9:00am-11:00am Chair Volleyball 12pm Bowling	3 Center outing Day Senior Day at The Juniata County Fair	4 9am Dominos 10am-1pm Card Game Day	5 10am Exercise 11am Game Day
8 10am Exercise 11am Ted Talks	9 9:00am-11:00am Chair Volleyball 12pm Bowling	10 10am Exercise 12pm Millerstown Moose free lunch & bingo	11 9am Dominos 10am-1pm Card Game Day	12 10am Exercise 11am Movie & Lunch
15 9:30am Photoshoot 10am Exercise	16 CENTER CLOSED	17 10am Exercise 10:45am Birthday Social	18 9am Dominos 10am-1pm Card Game Day	19 10am Exercise 11am Noah
22 10am Exercise 11am Muffin W/ Kayla	23 9:00am-11:00am Chair Volleyball 12pm Bowling	24 10am Exercise 11am Megan W/Villa	25 9am Dominos 10am-1pm Card Game Day	26 10am Exercise 11am B/P Checks W/Sara 11am Free lunch
29 10am Exercise W/ Val 11am Craft Day	30 Conrad Fisher McAlisterville Park			LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.