

October

2025



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.		1 10am Exercise 11am Games & Puzzles	2 9am Dominos 10am-1pm Card Game Day	3 10am Exercise 11am Game Day
6 10am Exercise 11am Des/Medicare talk	7 9:00am-11:00am Chair Volleyball 12pm Bowling	8 10am Exercise 11am Family Care	9 9am Dominos 10am-1pm Card Game Day	10 10am Exercise 11am Flu shot clinic
13 10am Exercise 11am Games & Puzzles	14 9:00am-11:00am Chair Volleyball 12pm Bowling	15 10am Exercise 10:45am Birthday Social	16 9am Dominos 10am-1pm Card Game Day	17 10am Exercise 11am Noah
20 10am Exercise 11am Bingo W/Phoenix Physical Therapy	21 9:00am-11:00am Chair Volleyball 12pm Bowling	22 CENTER CLOSED	23 CENTER CLOSED	24 10am Exercise 11am B/P Checks W/Sara 12pm-1pm Baptist Church Luncheon
27 10am Exercise W/ Val 11am Craft Day	28 9:00am-11:00am Chair Volleyball 12pm Bowling	29 9:30 am Center Meeting 10am Exercise 11am Megan W/Villa	30 9am Dominos 10am-1pm Card Game Day	31 9:00am Exercise 10:00am-2:00pm Halloween Party