

November 2025



CENTER INFORMATION

56 Jam House Road, Mifflin, PA 17058

Hours: 8:00 a.m. – 1:30 p.m.

717-436-6847

4seasonsctr@mymjrsc.com

Center Manager: Jody Ehrisman

FOUR SEASONS SENIOR COMMUNITY CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 	4 	5 10am Exercise 11am Family Care Bingo	6 9am Dominos 10am-1pm Card Game Day Painting W/Judy	7 10am Exercise 11am Dinner & Movie
10 10am Exercise 11am Game Day	11 CLOSED VETERANS DAY	12 10am Exercise 11am Phoenix Physical Therapy	13 9am Dominos 10am-1pm Card Game Day	14 10am Exercise 11am B/P Checks W/Sara
17 10am Exercise 11am craft Day (Thankful Tree)	18 9:00am-11:00am Chair Volleyball 12pm Bowling	19 10am Exercise 11am Thanksgiving Meal	20 9am Dominos 10am-1pm Card Game Day	21 10am Exercise 11am Noah
24 10am Exercise W/ Val 11am Ted Talks	25 9:00am-11:00am Chair Volleyball 12pm Bowling	26 9:30 am Center Meeting 10am Exercise 11am Megan W/Villa	27 CENTER CLOSED THANKSGIVING	28 CENTER CLOSED THANKSGIVING
30 10am Exercise 11am Game Day				LUNCH IS SERVED MONDAY-FRIDAY 11:30 a.m.